### Priorities for Medical Care

<table>
<thead>
<tr>
<th>LIVING LONGER</th>
<th>MAINTAINING CURRENT HEALTH</th>
<th>COMFORT</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Live as long as possible, even if I do not know who I am or who I am with</td>
<td>• Live longer, if quality of life and comfort can be achieved</td>
<td>• Live the rest of my life focusing on my comfort and quality of life</td>
</tr>
<tr>
<td>• Be in the hospital and receive all care my doctors think will help me, even if it means relying on machines to keep me alive</td>
<td>• Be in the hospital, if needed, for effective care</td>
<td>• Avoid the hospital and being on machines</td>
</tr>
<tr>
<td></td>
<td>• Stop treatment that does not work or makes me feel worse</td>
<td>• Allow a natural death if my heart or breathing stops</td>
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<td></td>
</tr>
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</table>

### Treatment Options for Serious Illness

<table>
<thead>
<tr>
<th>FULL TREATMENT</th>
<th>SELECTIVE TREATMENT</th>
<th>COMFORT-FOCUSED TREATMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sustaining life by all medically effective means</td>
<td>Maintaining health while avoiding burdensome treatments</td>
<td>Maximizing comfort through symptom management</td>
</tr>
</tbody>
</table>

**Includes:**
- Medication and treatment to keep you comfortable
- Emotional and spiritual care

**May include:**
- Being in the hospital and Intensive Care Unit (ICU)
- A trial of full treatment, if desired, e.g., ventilator
- IV medications and IV fluids
- Long-term tube feedings
- CPR, intubation, and/or ventilator

**Does NOT include:**
- CPR, intubation, and/or ventilator

**Includes:**
- Medication and treatment to keep you comfortable
- Emotional and spiritual care

**May include:**
- Being in the hospital but AVOIDING the ICU
- Non-invasive positive airway pressure
- A trial of selective treatment, if desired, e.g., non-invasive positive airway pressure
- IV medications and IV fluids
- Short-term tube feedings

**Does NOT include:**
- CPR, intubation, and/or ventilator

**Includes:**
- Medication and treatment to keep you comfortable
- Emotional and spiritual care

**May include:**
- Being in the hospital ONLY if comfort needs not met
- Oxygen, suction, and manual treatment of airway for comfort
- Medications by mouth
- Food and fluids by mouth, if able

**Does NOT include:**
- CPR, intubation, and/or ventilator