

Respecting Choices®
PERSON-CENTERED CARE

National Share the Experience 2018

Improving Person-Centered Outcomes Through Collaboration

**October 23-26, 2018
Bloomington, Minnesota**



INTRODUCTION

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LIGHT THE LEGACY

Mission: To educate and empower the people of Central Minnesota about the importance of personal health care planning through facilitating conversation and inspiring action.

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Words from BUD HAMMES

Throw something
at the wall and see
what sticks



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AN ALMOST MURDER MYSTERY

A theatrical display of family dynamics when proper advance care planning is absent



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Presentation Outcomes

1. Identify the use of theatre and how it can be used as a community engagement strategy to promote person-centered advance care planning conversations with individuals, family members, and employees of an organization
2. Apply collaboration principles that promote community organizations to partner in delivering the message of person-centered advance care planning

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Backstory

- Personal *experience*
- Personal *experiment* with girlfriends
- Others heard about this and encouraged me to adapt it for a theatrical production

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Bruce MacKenzie



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More Backstory

- Collaborated with local GREAT Theatre and actors
- Collaboration with Cathy Wurzer from MN Public Radio for the Convenings



Introduction of “An Almost Murder Mystery”



An Almost Murder Mystery

****Plaly will be embedded here****

Small Group Discussions

- Gather with 3 or 4 others around you
- Review questions on each slide
- Take 5 minutes in your group to respond to the questions
- We will reconvene as a larger group for more discussion

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Personal response

- Who could you relate to?
- What emotions were triggered?
- What did you learn?
- What is your response or call to action?

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Community Engagement

- How can you utilize the arts to help educate and motivate your community toward person-centered advance care planning?
- Who can you collaborate with and what action will you take?

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Community Connection



Legacy Letter Workshop

You are invited to a **FREE**

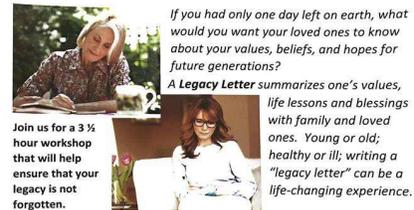
Legacy Letter Writing Workshop

An excellent workshop!

I'm going to include my Legacy Letter with my Health Care Directive

I need to do this NOW!

Thank you for helping me get started!



St. Anthony's Parish Center

2405 1st St N, St. Cloud, MN 56303

Tuesday • Sept. 18th • 8:30 a.m. – Noon

Seating is limited. RSVP today to: 320-224-4822



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Suzanne Pelkow Carlson
Certified Legacy Navigator



Conclusions

- The arts can positively affect people in ways that other methods often cannot
- Think about what individuals or groups you can collaborate with to add creativity to your ACP message
- Have you tried theater, dance, drawing, singing, or poetry to enhance your ACP message?
- **YOU** can make a difference in your community and workplace

As two wise people once said...

***“Throw something at the wall and
see what sticks”***

- Bud Hammes

~ then ~

“Watch the ripple effects”!!!

- Cathy Wurzer

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References

- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3037134/>
- <https://www.ncbi.nlm.nih.gov/pubmed/15107289>

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QUESTIONS AND COMMENTS



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Thank You

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